

Thank you for joining **ICFLA’s Group and Team Coaching Special Interest Group**. In order to make the most out of this SIG, please:

- Engage in the 90 minute SIG as you would with your clients. Distractions away, webcams on.
- Please log in from your computer or download zoom on your phone as we will break out into groups at the end of the session.
- Please share your insights and questions in a compelling and concise 30 seconds or less and be conscientious with how often you speak in the large group.
- Bring your questions and your insights, this is a highly interactive SIG and we appreciate your engagement.
- Download the [ICF Team Competencies](#) if you have not already. You may want to print or bookmark page 3 (figure below) and the competency summary on pages 20-21.

Team Development						
Longer term, involves many modalities, many topics						
	Team Building	Team Training	Team Consulting	Team Mentoring	Team Facilitation	Team Coaching
Time Frame	Short, 1-5 days	Short, 1-5 days	Widely variable	Staccato, hours over a long period of time	Short, 1-5 days	Longer term, months
Process	Exercises	Work with the team through a curriculum of material	Consultant shares expertise	Mentor shares	Facilitate dialog	Team and coach partner
Growth Area	Enhanced relationships	New knowledge or skill	Additional insights	New knowledge	Clarity	Achieved goals; Team sustainability
Team Dynamics; Conflict Resolution	Minimal	Minimal	Minimal, advisory	Minimal	Minimal	Integral
Expert; Ownership	Instructor	Trainer	Consultant	Mentor	Facilitator and team	Team

### June 15<sup>th</sup> 1030 am-12 pm Pacific: Group Coaching Demonstration

What does Group & Team Coaching sound like? What do coaches need to keep in mind when facilitating a Group or Team Coaching session? How do you Cultivate Trust & Safety with a Group that has never met? Volunteers needed for the Group Coaching Demonstration.

- Differentiate between Group Coaching and other team development per the ICF Team Competencies
- Develop structure and best practices for Establishing and Maintaining Agreements in Groups
- Observe and/or participate in the Group Coaching Demonstration

Diana's recommendation for structuring Group & Team Coaching is leveraging the ICF Coaching Agreement [PCC Markers](#):

## Competency 2: Creating the Coaching Agreement

2.1: Coach helps the client identify, or reconfirm, what s/he wants to accomplish in the session.

2.2: Coach helps the client to define or reconfirm measures of success for what s/he wants to accomplish in the session.

2.3: Coach explores what is important or meaningful to the client about what s/he wants to accomplish in the session.

2.4: Coach helps the client define what the client believes he/she needs to address or resolve in order to achieve what s/he wants to accomplish in the session.

2.5: Coach continues conversation in direction of client's desired outcome unless client indicates otherwise.

## Upcoming Group & Team SIGs:

ICFLA's Group & Team Coaching's SIG meets on the 2<sup>nd</sup> Tuesday of the month from 1030 am-12 pm Pacific:

- July 20th 1030 am-12 pm Pacific
- September 21st 1030 am-12 pm Pacific
- November 16th 1030 am-12 pm Pacific: Panel (please recommend panelists)

## Group & Team Coaching Resources:

The following resources have been mentioned or recommended by SIG participants. Please continue to add to this list.

- Books
  - [Effective Group Coaching](#)
  - [Coaching for Performance](#)
  - [Coaching the Team at Work](#)
  - [From One to Many: Best Practices for Group and Team Coaching](#)
  - [Genograms: Assessment and Intervention](#)
  - [Leadership Team Coaching](#)
  - [Senior Leadership Teams: What it Takes to Make Them Great](#)
  - [Systemic Coaching and Constellations: The Principles, Practices and Application for Individuals, Teams and Groups](#)
  - [The Team Discovered: Dialogic Team Coaching](#)
- Thought Leaders
  - [Jennifer Britton](#)
  - [David Clutterbuck](#)
  - [Peter Hawkins](#)
- Training Programs
  - [Potentials Realized](#)
  - [Invite Change](#)
  - [Team Advantage](#)

- [WBECs Team Coaching Accelerator](#)
- [WBECs Global Team Coaching Institute](#)
- [CRR Global's Organizational and Relationship Systems Coaching \(ORSC\)](#)
- [Novalda](#)
- TedTalks
  - [The Authenticity Paradox](#)
- Podcast
  - [Team Coaching Zone](#)
- Resources
  - [Team Coaching Zone](#)
  - [6 Team Conditions](#)
- Group Coaching Demos
  - [Coach.Me Interview](#) 9:56-20:48
  - [ICFLA Team & Group Coaching Demo](#) 26:11-56:20
- Genogram
  - <https://genopro.com/genogram/>