

Quarterly Newsletter April 1, 2024 WWW.ICFLA.ORG



PRESIDENT'S MESSAGE

At the ICF Los Angeles (ICFLA) Chapter, we're dedicated to empowering professional coaches through connection, education, and resources, enhancing your professional skills and growing your practices. This year, we're continuing with our theme of inclusive community by expanding our in-person presence by hosting more events and meetups in LA, alongside our virtual offerings.

ICFLA's Board of Directors is excited to kick off the second quarter - filled with opportunities for current and aspiring coaches to connect, create and celebrate. In fact, we hope you join us for two key events coming up this quarter:

- Branding Consultant, Annie Franceschi, will be presenting "Your Standout Recipe: How to Mix Al & Your Story to Brand and Sell More Coaching Services" in person on Thursday, April 11 (6:30-9:30 PT at Skirball Cultural Center in Los Angeles) for our Chapter Event. And there will be opportunities for networking and fun as well.
- Join the global coaching community from May 13–19, 2024 to celebrate the power and impact of professional coaching during <u>International</u> <u>Coaching Week</u>. This is a grand opportunity to take advantage of workshops, demos, panel discussions and much more organized by ICF. We hope you'll join us again for our Coast to Coast Pro Bono Coaching Initiative! <u>Click here to learn more and join.</u>



To all our members and volunteers, you are the heartbeat of ICFLA, and we thank you for being part of our journey. Make the most of your ICFLA experience and join us at our upcoming chapter events, coaching cafes, webinars, special interest groups and more. Let's connect and grow together! Visit our website **www.icfla.org** to learn more.

In gratitude, Samantha Kramer, ICFLA President

Event Highlights



Thank you to those who joined our 2023 global Coast to Coast Pro Bono Coaching effort! 72 coaches provided 268 pro bono hours, impacting 241 clients! Join us again April 1 - May 19, 2024.

Join our Coast to Coast effort to amplify positive impact through pro bono coaching!



<u>Click here to visit our website</u> for all upcoming events.

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Sponsor Highlight



Damian Goldvarg, Ph.D., MCC, CSP, ESIA, ACTC, through his company The Goldvarg Coaching Group, trains professional coaches, team coaches, and supervisors in accredited programs. He has 30 years of experience as a Leadership Development Consultant, Trainer, Facilitator, and Executive Coach, working with Senior Executives, Middle Managers, and High Potential Leaders – including implementing the certifications at Kaiser Permanente, University of Southern California and Center for Nonprofit Management. A native of Argentina, Damian is an author of professional articles and eight books in English and Spanish.

Learn more from Damian in this video!



ICFLA Making A Difference

Volunteer Spotlight

DLDVARG



Tiffany Dedeaux, PCC, CPRW serves as President-Elect for ICFLA and leads the organization's Career Coaching Special Interest Group. Learn the surprise benefits Tiffany gained from her 4+ years volunteering for ICFLA...and why she likens her experience to the 80s sitcom Cheers!

Member Spotlight



Executive Coach Tom Henschel has brought immense value to many as the leader of ICFLA's Executive Coaching Special Interest Group (for over 6 years!). In this video, Tom shares how he's benefited from his role with the ICFLA chapter. <u>Check it out!</u>

Paola's Story



"The Pasadena Coaching Cafe was a fantastic experience. Our group discussed obstacles, experiences, and resources that helped us all become better coaches. Our leader was incredibly welcoming and created a safe space for great group engagement. I highly recommend coaches attend an ICFLA coaching cafe if they are looking to network, learn and grow."

- Paola Amaro Alvarez

THANK YOU FOR BEING PART OF OUR COMMUNITY!

